

Life Unto the Age Exercises

Haley Woodrow

Beginning Melody $\text{♩}=80$

8 *mf*

9

10 N.B.

11

12 N.B.

13

14

15

16

17

18

19

20 *f fmp f*

21 Composite melody line m.29-31 $\text{♩}=100$

21 *mf*

23

24 M.65-68 (following the melody) $\text{♩}=104$

24 *mf*

27

28

29

30

31

32

33

34

35

36

37

38

39

40

41

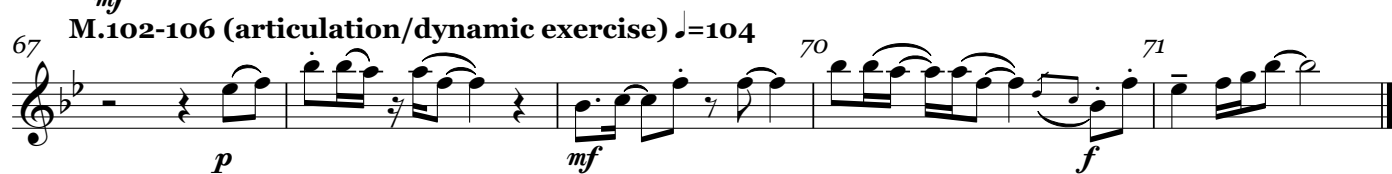
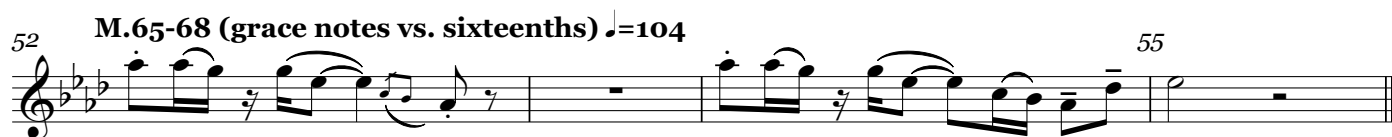
42

43

44

45

46



Life Unto the Age Exercises

Haley Woodrow

Beginning Melody ♩=80

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20

mf *f* *fmp* *f*

21 Composite melody line m.29-31 ♩=100

21 22 23

mf

24 M.65-68 (following the melody) ♩=104

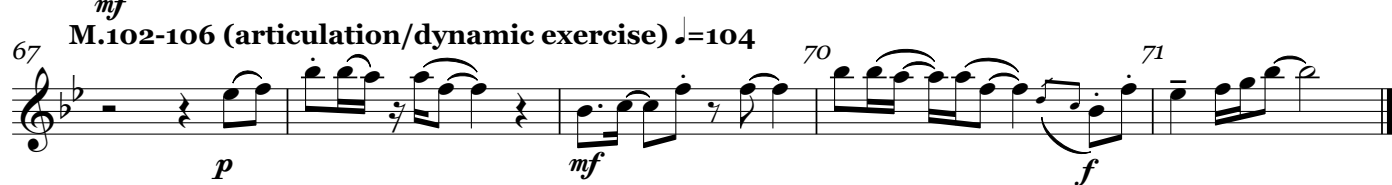
24 25 26 27 28

mf

29 30 31 32 33 34

35 36 37 38 39 40 41

42 43 44 45 46



Life Unto the Age Exercises

Haley Woodrow

Beginning Melody $\text{♩}=80$

1 *mf* 3 N.B. 4 5 6 7

8 9 10 11 N.B. 12 13

14 15 16 17 18 19 20

f fmp f

21 Composite melody line m.29-31 $\text{♩}=100$

21 *mf* 23

24 M.65-68 (following the melody) $\text{♩}=104$

24 *mf* 27 28

29 30 31 32 33 34

35 36 37 38 39 40 41

42 43 44 45 46



Life Unto the Age Exercises

Haley Woodrow

Beginning Melody ♩=80

3 N.B. 4 5 6 7

8 9 10 11 N.B. 12 13

14 15 16 17 18 19 20

21 **Composite melody line m.29-31** ♩=100

23

24 **M.65-68 (following the melody)** ♩=104

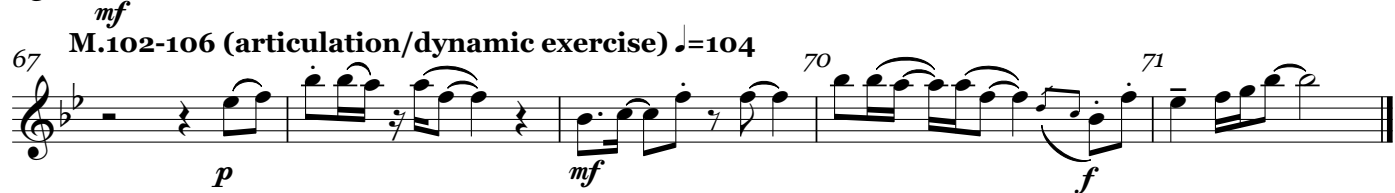
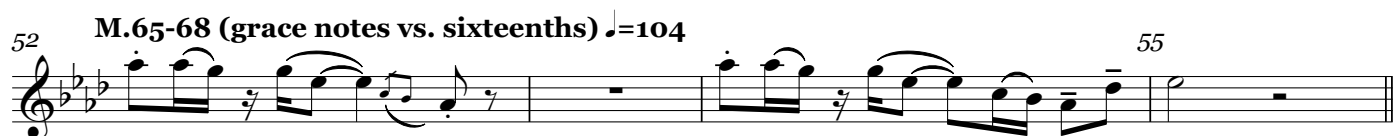
27 28

29 30 31 32 33 34

35 36 37 38 39 40 41

42 43 44 45 46

mf *f* *fmp* *f*



Life Unto the Age Exercises

Haley Woodrow

Beginning Melody $\text{♩}=80$

3 N.B. 4 5 6 7

8 9 10 11 N.B. 12 13

14 15 16 17 18 19 20

mf *f* *fmp* *f*

21 Composite melody line m.29-31 $\text{♩}=100$

23

mf

24 M.65-68 (following the melody) $\text{♩}=104$

27 28

mf

29 30 31 32 33 34

35 36 37 38 39 40 41

42 43 44 45 46



Life Unto the Age Exercises

Haley Woodrow

Beginning Melody ♩=80

3 N.B. 4 5 6 7

8 9 10 11 N.B. 12 13

14 15 16 17 18 19 20

21 **Composite melody line m.29-31** ♩=100

23

24 **M.65-68 (following the melody)** ♩=104

27 28

29 30 31 32 33 34

35 36 37 38 39 40 41

42 43 44 45 46

mf *f* *fmp* *f*



52 **M.65-68 (grace notes vs. sixteenths)** ♩=104



56 **Prep for M.88-91** ♩=104



63 **M.88-91 (ostinato)** ♩=104 64



mf **M.102-106 (articulation/dynamic exercise)** ♩=104



Life Unto the Age Exercises

Haley Woodrow

Beginning Melody ♩=80

3 N.B. 4 5 6 7

8 9 10 11 N.B. 12 13

14 15 16 17 18 19 20

21 **Composite melody line m.29-31** ♩=100

23

24 **M.65-68 (following the melody)** ♩=104

27 28

29 30 31 32 33 34

35 36 37 38 39 40 41

42 43 44 45 46

mf *f* *fmp* *f*



52 **M.65-68 (grace notes vs. sixteenths)** ♩=104



56 **Prep for M.88-91** ♩=104



63 **M.88-91 (ostinato)** ♩=104 64



67 **M.102-106 (articulation/dynamic exercise)** ♩=104



Life Unto the Age Exercises

Haley Woodrow

Beginning Melody ♩=80

3 N.B. 4 5 6 7

8 9 10 11 N.B. 12 13

14 15 16 17 18 19 20

21 **Composite melody line m.29-31** ♩=100

23

24 **M.65-68 (following the melody)** ♩=104

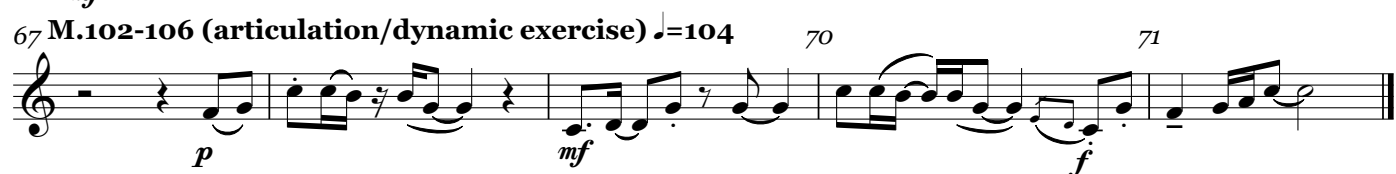
27 28

29 30 31 32 33 34

35 36 37 38 39 40 41

42 43 44 45 46

mf *f* *fmp* *f*



Life Unto the Age Exercises

Haley Woodrow

Beginning Melody ♩=80

3 N.B. 4 5 6 7

mf

8 9 10 11 N.B. 12 13

14 15 16 17 18 19 20

f fmp f

21 Composite melody line m.29-31 ♩=100

mf

24 M.65-68 (following the melody) ♩=104

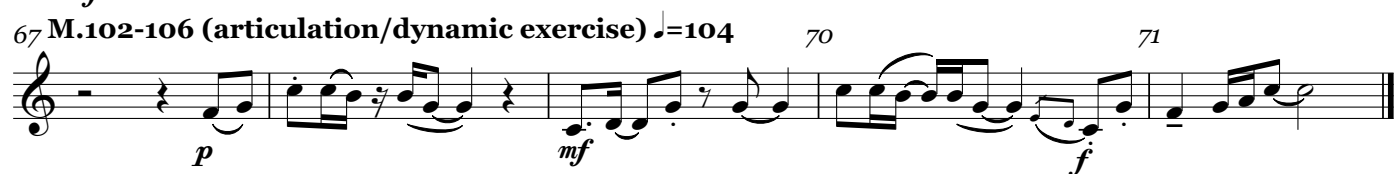
mf

27 28

29 30 31 32 33 34

35 36 37 38 39 40 41

42 43 44 45 46



Life Unto the Age Exercises

Haley Woodrow

Beginning Melody ♩=80

Measures 1-20: Beginning Melody. Key signature: one sharp (F#). Time signature: 4/4. Tempo: ♩=80. Dynamics: *mf*, *f*, *fmp*, *f*. Markings: N.B. above measures 4 and 12.

21 Composite melody line m.29-31 ♩=100

Measures 21-23: Composite melody line. Key signature: one sharp (F#). Time signature: 4/4. Tempo: ♩=100. Dynamic: *mf*.

24 M.65-68 (following the melody) ♩=104

Measures 24-28: M.65-68 (following the melody). Key signature: one flat (Bb). Time signature: 4/4. Tempo: ♩=104. Dynamic: *mf*.

Measures 29-34: Continuation of the melody. Key signature: one flat (Bb). Time signature: 4/4.

Measures 35-41: Continuation of the melody. Key signature: one flat (Bb). Time signature: 4/4.

Measures 42-46: Continuation of the melody. Key signature: one flat (Bb). Time signature: 4/4.



52 **M.65-68 (grace notes vs. sixteenths)** ♩=104



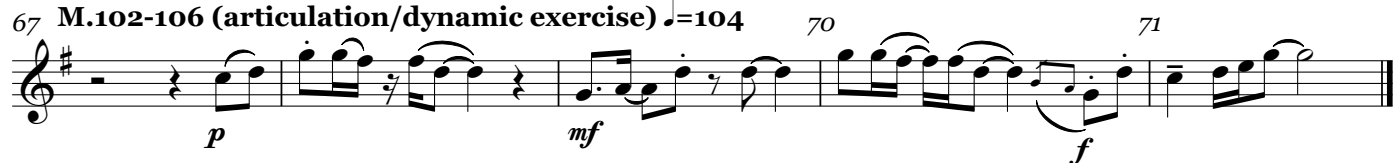
56 **Prep for M.88-91** ♩=104



63 **M.88-91 (ostinato)** ♩=104 64



67 **M.102-106 (articulation/dynamic exercise)** ♩=104



Life Unto the Age Exercises

Haley Woodrow

Beginning Melody ♩=80

Measures 1-20 of the beginning melody. The key signature is one sharp (F#) and the time signature is 4/4. The melody starts with a half rest, followed by eighth notes. Measure 1 has a *mf* dynamic. Measures 3, 4, 5, 6, and 7 are marked with 'N.B.' (Nota Bene). Measures 18, 19, and 20 have dynamics *f*, *fmp*, and *f* respectively, with a crescendo hairpin leading into measure 18.

21 Composite melody line m.29-31 ♩=100

Measures 21-23 of the composite melody line. The key signature is one sharp (F#) and the time signature is 4/4. The melody consists of eighth notes. Measure 21 has a *mf* dynamic.

24 M.65-68 (following the melody) ♩=104

Measures 24-28. The key signature changes to one flat (Bb) and the time signature is 4/4. The melody consists of eighth notes. Measure 24 has a *mf* dynamic. Measure 28 ends with a double bar line.

Measures 29-34. The key signature is one flat (Bb) and the time signature is 4/4. The melody consists of eighth notes. Measure 34 ends with a double bar line.

Measures 35-41. The key signature is one flat (Bb) and the time signature is 4/4. The melody consists of eighth notes. Measure 41 ends with a double bar line.

Measures 42-46. The key signature is one flat (Bb) and the time signature is 4/4. The melody consists of eighth notes. Measure 46 ends with a double bar line.



Life Unto the Age Exercises

Haley Woodrow

Beginning Melody $\text{♩} = 80$

3 N.B. 4 5 6 7

8 9 10 11 N.B. 12 13

14 15 16 17 18 19 20

mf f fmp f

21 Composite melody line m.29-31 $\text{♩} = 100$

23

mf

24 M.65-68 (following the melody) $\text{♩} = 104$

27 28

mf

29 30 31 32 33 34

35 36 37 38 39 40 41

42 43 44 45 46



M.65-68 (grace notes vs. sixteenths) ♩=104



56 Prep for M.88-91 ♩=104



63 M.88-91 (ostinato) ♩=104 64



M.102-106 (articulation/dynamic exercise) ♩=104



Life Unto the Age Exercises

Haley Woodrow

Beginning Melody ♩=80

Measures 1-20 of the beginning melody. The key signature is one sharp (F#) and the time signature is 4/4. The tempo is marked ♩=80. The melody starts with a rest in measure 1, followed by eighth notes in measures 2-3, quarter notes in measures 4-5, eighth notes in measures 6-7, and quarter notes in measures 8-9. Measures 10-11 feature a triplet of eighth notes. Measures 12-13 are quarter notes. Measures 14-15 are eighth notes. Measures 16-17 are quarter notes. Measures 18-19 are eighth notes, and measure 20 is a quarter note. Dynamics include *mf* at the start, *f* at measure 18, *fmp* at measure 19, and *f* at measure 20. There are also *f* markings at the end of measures 18 and 19. A *N.B.* (Nota Bene) marking is present above measures 4 and 12.

21 Composite melody line m.29-31 ♩=100

Measures 21-23 of the composite melody line. The key signature is one sharp (F#) and the time signature is 4/4. The tempo is marked ♩=100. The melody consists of eighth notes and quarter notes. Measure 21 starts with a *mf* dynamic. Measure 23 ends with a double bar line.

24 M.65-68 (following the melody) ♩=104

Measures 24-28 of the exercise. The key signature is one sharp (F#) and the time signature is 4/4. The tempo is marked ♩=104. The melody consists of eighth notes and quarter notes. Measure 24 starts with a *mf* dynamic. Measure 28 ends with a double bar line.

Measures 29-34 of the exercise. The key signature is one sharp (F#) and the time signature is 4/4. The melody consists of eighth notes and quarter notes. Measure 34 ends with a double bar line.

Measures 35-41 of the exercise. The key signature is one sharp (F#) and the time signature is 4/4. The melody consists of eighth notes and quarter notes. Measure 41 ends with a double bar line.

Measures 42-46 of the exercise. The key signature is one sharp (F#) and the time signature is 4/4. The melody consists of eighth notes and quarter notes. Measure 46 ends with a double bar line.



52 M.65-68 (grace notes vs. sixteenths) ♩=104



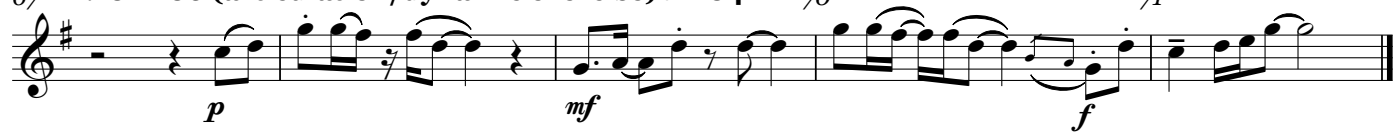
56 Prep for M.88-91 ♩=104



63 M.88-91 (ostinato) ♩=104 64



67 M.102-106 (articulation/dynamic exercise) ♩=104



Life Unto the Age Exercises

Haley Woodrow

Beginning Melody ♩=80

3 N.B. 4 5 6 7

8 9 10 11 N.B. 12 13

14 15 16 17 18 19 20

21 **Composite melody line m.29-31** ♩=100

23

24 **M.65-68 (following the melody)** ♩=104

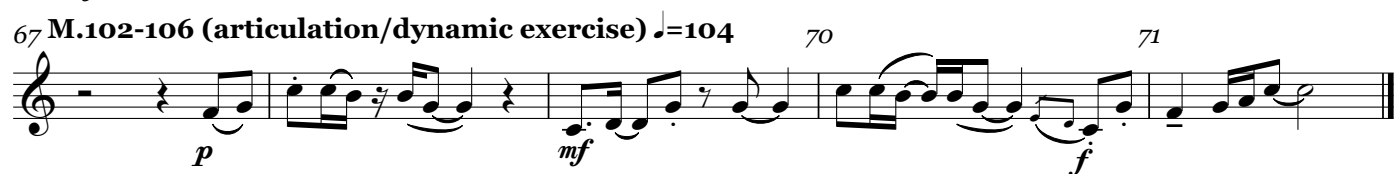
27 28

29 30 31 32 33 34

35 36 37 38 39 40 41

42 43 44 45 46

mf *f* *fmp* *f*



Life Unto the Age Exercises

Haley Woodrow

Beginning Melody ♩=80

3 N.B. 4 5 6 7

8 9 10 11 N.B. 12 13

14 15 16 17 18 19 20

21 **Composite melody line m.29-31** ♩=100

23

24 **M.65-68 (following the melody)** ♩=104

27 28

29 30 31 32 33 34

35 36 37 38 39 40 41

42 43 44 45 46

mf *f* *fmp* *f*



52 M.65-68 (grace notes vs. sixteenths) ♩=104



56 Prep for M.88-91 ♩=104



63 M.88-91 (ostinato) ♩=104 64



67 M.102-106 (articulation/dynamic exercise) ♩=104



Life Unto the Age Exercises

Haley Woodrow

Beginning Melody ♩=80

3 N.B. 4 5 6 7

8 9 10 11 N.B. 12 13

14 15 16 17 18 19 20

21 **Composite melody line m.29-31** ♩=100

23

24 **M.65-68 (following the melody)** ♩=104

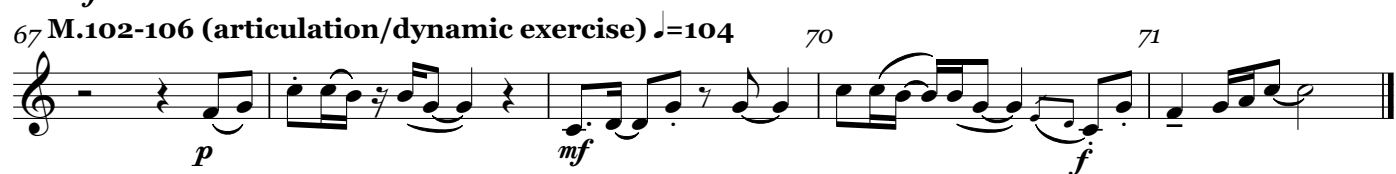
27 28

29 30 31 32 33 34

35 36 37 38 39 40 41

42 43 44 45 46

mf *f* *fmp* *f*



Life Unto the Age Exercises

Haley Woodrow

Beginning Melody ♩=80

3 N.B. 4 5 6 7

8 9 10 11 N.B. 12 13

14 15 16 17 18 19 20

21 **Composite melody line m.29-31** ♩=100

23

24 **M.65-68 (following the melody)** ♩=104

27 28

29 30 31 32 33 34

35 36 37 38 39 40 41

42 43 44 45 46

mf *f* *fmp* *f*



Life Unto the Age Exercises

Haley Woodrow

Beginning Melody ♩=80

3 N.B. 4 5 6 7

8 9 10 11 N.B. 12 13

14 15 16 17 18 19 20

21 **Composite melody line m.29-31** ♩=100

23

24 **M.65-68 (following the melody)** ♩=104

27 28

29 30 31 32 33 34

35 36 37 38 39 40 41

42 43 44 45 46

mf *f* *fmp* *f*



Life Unto the Age Exercises

Haley Woodrow

Beginning Melody $\text{♩}=80$

Measures 1-20: Beginning Melody. $\text{♩}=80$. *mf*, *f*, *fmp*. N.B. above measures 3 and 12.

21 Composite melody line m.29-31 $\text{♩}=100$

Measures 21-23: Composite melody line m.29-31. $\text{♩}=100$. *mf*.

24 M.65-68 (following the melody) $\text{♩}=104$

Measures 24-28: M.65-68 (following the melody). $\text{♩}=104$. *mf*.

Measures 29-34: Continuation of the melody.

Measures 35-41: Continuation of the melody.

Measures 42-46: Continuation of the melody.



Life Unto the Age Exercises

Haley Woodrow

Beginning Melody $\text{♩}=80$

Measures 1-20 of the beginning melody. The key signature has two flats (Bb, Eb) and the time signature is 4/4. The melody is written in bass clef. Measure 1 starts with a rest, followed by a half note G2. Measures 2-7 contain eighth and quarter notes, with slurs and accents. Measure 8 starts with a half note G2. Measures 9-13 continue the melody with various note values and slurs. Measure 14 starts with a half note G2. Measures 15-17 continue the melody. Measure 18 starts with a half note G2. Measures 19-20 continue the melody, ending with a half note G2. Dynamics include *mf* at the beginning and *f* and *fmp* later.

21 Composite melody line m.29-31 $\text{♩}=100$

Measures 21-23 of the composite melody line. The key signature has two flats (Bb, Eb) and the time signature is 4/4. The melody is written in bass clef. Measure 21 starts with a half note G2. Measures 22-23 continue the melody with eighth and quarter notes. Dynamics include *mf* at the beginning.

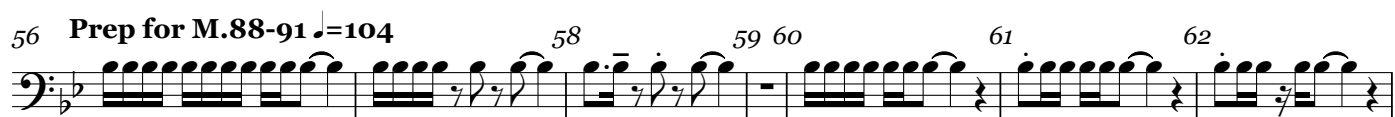
24 M.65-68 (following the melody) $\text{♩}=104$

Measures 24-28 of the exercise. The key signature has two flats (Bb, Eb) and the time signature is 4/4. The melody is written in bass clef. Measure 24 starts with a half note G2. Measures 25-28 continue the melody with eighth and quarter notes. Dynamics include *mf* at the beginning.

Measures 29-34 of the exercise. The key signature has two flats (Bb, Eb) and the time signature is 4/4. The melody is written in bass clef. Measure 29 starts with a half note G2. Measures 30-34 continue the melody with eighth and quarter notes.

Measures 35-41 of the exercise. The key signature has two flats (Bb, Eb) and the time signature is 4/4. The melody is written in bass clef. Measure 35 starts with a half note G2. Measures 36-41 continue the melody with eighth and quarter notes.

Measures 42-46 of the exercise. The key signature has two flats (Bb, Eb) and the time signature is 4/4. The melody is written in bass clef. Measure 42 starts with a half note G2. Measures 43-46 continue the melody with eighth and quarter notes.



Life Unto the Age Exercises

Haley Woodrow

Beginning Melody ♩=80

mf N.B.

3 4 5 6 7

8 9 10 11 12 13

14 15 16 17 18 *f* *fmp* 19 *f* 20

Composite melody line m.29-31 ♩=100

mf

21 23

M.65-68 (following the melody) ♩=104

mf

24 27 28

29 30 31 32 33 *mf* 34

35 *mf* 36 37 38 39 40 41

42 43 44 45 46



M.65-68 (grace notes vs. sixteenths) ♩=104



Prep for M.88-91 ♩=104



M.88-91 (ostinato) ♩=104



M.102-106 (articulation/dynamic exercise) ♩=104



Life Unto the Age Exercises

Haley Woodrow

Beginning Melody $\text{♩}=80$

Measures 1-20 of the beginning melody. The notation is in bass clef with a key signature of two flats (B-flat and E-flat). The time signature is 4/4. The melody starts with a half rest, followed by eighth notes. Measure numbers 1 through 20 are indicated above the staff. Dynamics include *mf* at the beginning and *f* and *fmp* towards the end. There are slurs over measures 1-3, 4-5, 6-7, 8-9, 10-11, 12-13, 14-15, 16-17, 18-19, and 20. A 'N.B.' (Nota Bene) is written above measure 4. A crescendo hairpin is shown under measures 17-19, and a decrescendo hairpin is shown under measures 19-20.

21 Composite melody line m.29-31 $\text{♩}=100$

Measures 21-23 of the composite melody line. The notation is in bass clef with a key signature of two flats. The time signature is 4/4. Measure numbers 21 through 23 are indicated above the staff. The melody consists of eighth notes with slurs. The dynamic *mf* is marked at the beginning.

24 M.65-68 (following the melody) $\text{♩}=104$

Measures 24-46 of the piece. The notation is in bass clef with a key signature of two flats. The time signature is 4/4. Measure numbers 24 through 46 are indicated above the staff. The melody is more complex, featuring slurs and ties. The dynamic *mf* is marked at the beginning. There are changes in time signature: 2/4 at measure 36, 4/4 at measure 37, and 2/4 at measure 41.



Life Unto the Age Exercises

Haley Woodrow

Beginning Melody $\text{♩}=80$

3 N.B. 4 5 6 7

8 9 10 11 N.B. 12 13

14 15 16 17 18 19 20

mf *f* *fmp* *f*

21 Composite melody line m.29-31 $\text{♩}=100$

23

mf

24 M.65-68 (following the melody) $\text{♩}=104$

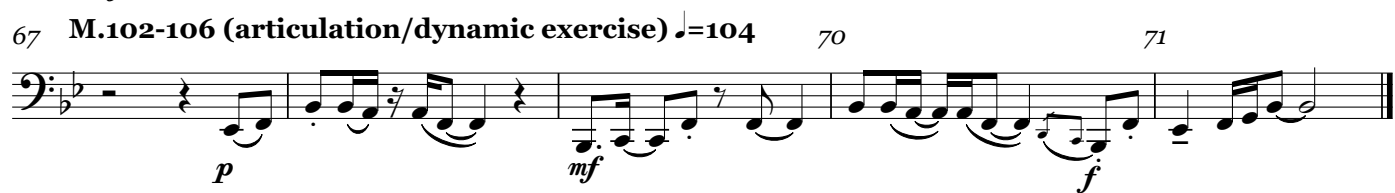
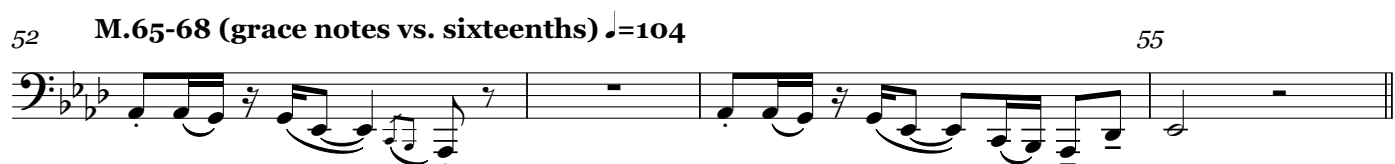
27 28

mf

29 30 31 32 33 34

35 36 37 38 39 40 41

42 43 44 45 46



Life Unto the Age Exercises

Haley Woodrow

Beginning Melody ♩=80

Vibraphone 3 4 5 6 7

Ped. Ped. Ped. Ped. Ped. Ped.

8 9 To Glock. 10 13 Glockenspiel mf

14 15 16 17 18 19 20 f

21 Composite melody line m.29-31 ♩=100

23

M.65-68 (following the melody) ♩=104

24 Chimes 27 28 mf

29 30 31 32 33 34

35 36 37 38 39 40 41

42 44 45 46 f

M.65-68 (grace notes vs. sixteenths) ♩=104

52 Chimes 55

Measures 52-55 of the Chimes part. The staff is in G major (one sharp) and 4/4 time. Measure 52 has a whole rest. Measure 53 has a whole rest. Measure 54 starts with a forte (*f*) dynamic, followed by a dotted quarter note G4, an eighth rest, a quarter note A4, a quarter rest, an eighth rest, and a quarter note B4. Measure 55 has a half note G4 and a whole rest.

Prep for M.88-91 ♪=104

56 Sus. Cym. 58 59 60 61 62

The musical notation for measures 56-62 is as follows:

- Measure 56: *Sus. Cym.* (Sustained Cymbal). The staff contains a series of 'x' marks, indicating a cymbal roll.
- Measure 57: Continuation of the cymbal roll with 'x' marks.
- Measure 58: Continuation of the cymbal roll with 'x' marks.
- Measure 59: Continuation of the cymbal roll with 'x' marks.
- Measure 60: Continuation of the cymbal roll with 'x' marks.
- Measure 61: Continuation of the cymbal roll with 'x' marks.
- Measure 62: Continuation of the cymbal roll with 'x' marks.

M.88-91 (ostinato) ♩=104

63 Sus. and Splash Cyms. 64 65

M.102-106 (articulation/dynamic exercise) ♩=104

67 Glockenspiel

p *mf* *f*

Life Unto the Age Exercises

Haley Woodrow

Beginning Melody ♩=80

Vibraphone 3 4 5 6 7

8 9 (one player) 11 12 13 To Sus. Cyms.

14 2 16 Sus. Cym. w/mallets 17 18 to Hi-hat 19 20 Hi-hat with foot pedal

p *mf* *mf*

Composite melody line m.29-31 ♩=100

21 add 2nd Sus. Cym. 23

p *mf*

M.65-68 (following the melody) ♩=104

24 Vibraphone 27 28

29 30 31 32 33 34

35 36 37 38 39 40 41

42 43 44 45 8va 46

mf *f*

47 (8) 48 51

3

Ped. _____

M.65-68 (grace notes vs. sixteenths) ♩=104

52 Vibraphone 55

Ped. _____

Prep for M.88-91 ♩=104

56 Sus. Cym. 58 59 60 61 62

M.88-91 (ostinato) ♩=104

63 Sus. Cym. w/mallets 64 65

p *f* *p* *f*

M.102-106 (articulation/dynamic exercise) ♩=104

67 Vibraphone 70 71

p *mf* *f*

Life Unto the Age Exercises

Haley Woodrow

Beginning Melody ♩=80

Marimba 3 4 5 6 7

8 9 10 11 12 13

14 15 16 17 To Xyl. 18 19 20 Xylophone

p *mf*

21 Composite melody line m.29-31 ♩=100

23

M.65-68 (following the melody) ♩=104

24 Triangle (lower pitched)

mf

27 28

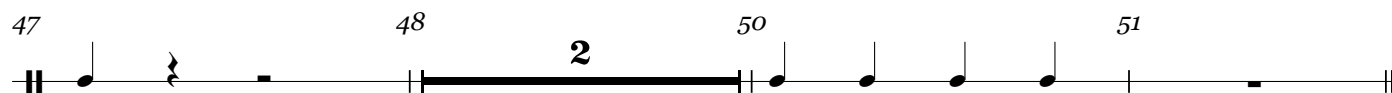
29 30 31 32 33 34

35 36 37 38 dampen 39 40 41

f

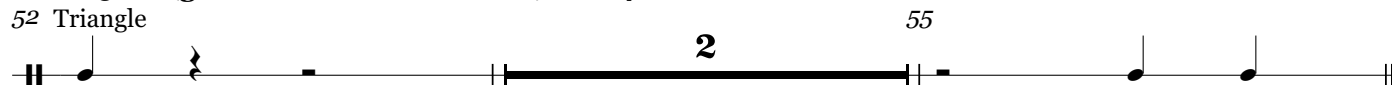
42 43 45 46

2



M.65-68 (grace notes vs. sixteenths) ♩=104

52 Triangle



Prep for M.88-91 ♩=104

56 Chimes



M.88-91 (ostinato) ♩=104



M.102-106 (articulation/dynamic exercise) ♩=104



Life Unto the Age Exercises

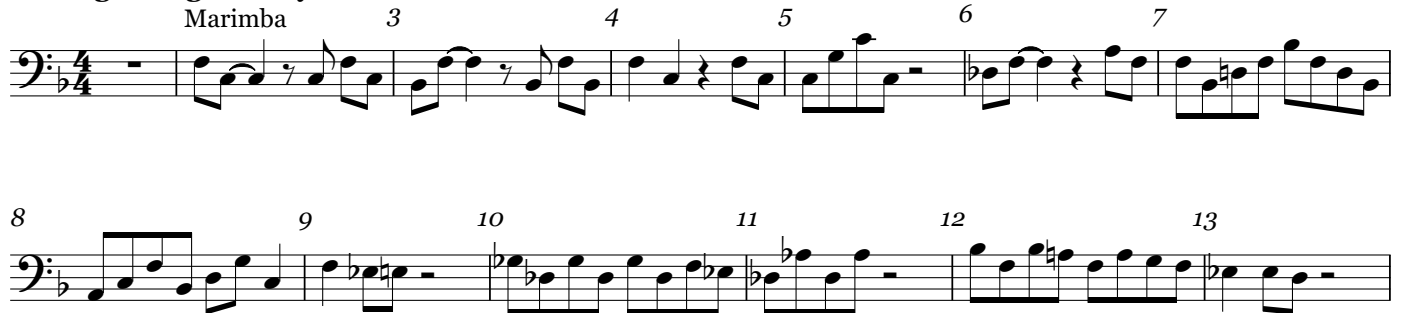
Haley Woodrow

Beginning Melody ♩=80

Marimba

3 4 5 6 7

8 9 10 11 12 13

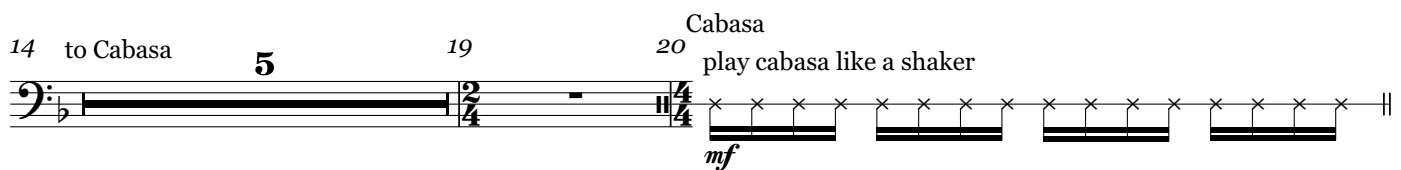


14 to Cabasa

5 19 20

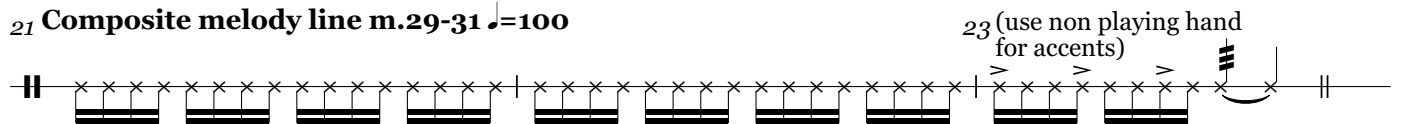
Cabasa
play cabasa like a shaker

mf



21 Composite melody line m.29-31 ♩=100

23 (use non playing hand for accents)



M.65-68 (following the melody) ♩=104

24 closed h.h. w/sticks

mf

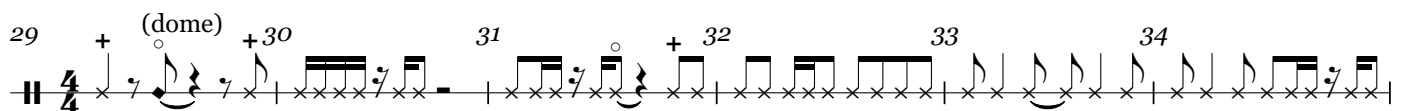
dome of hi-hat (open)

3 28

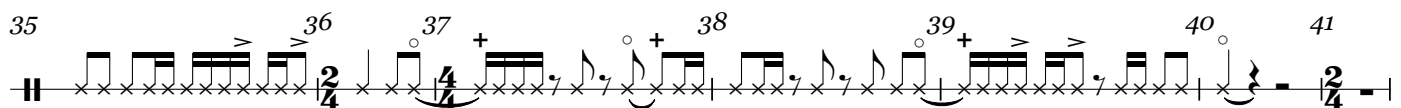


29 (dome)

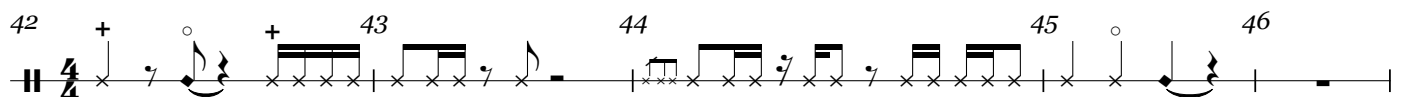
30 31 32 33 34



35 36 37 38 39 40 41

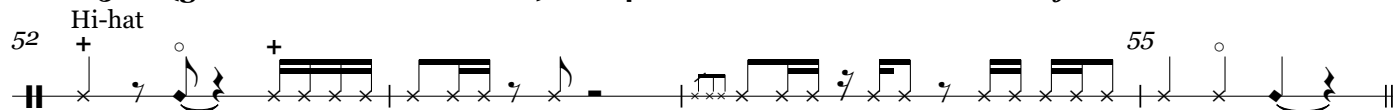


42 43 44 45 46





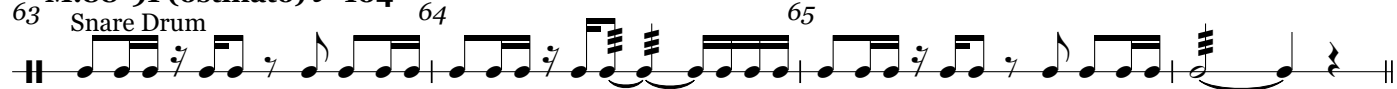
M.65-68 (grace notes vs. sixteenths) ♩=104



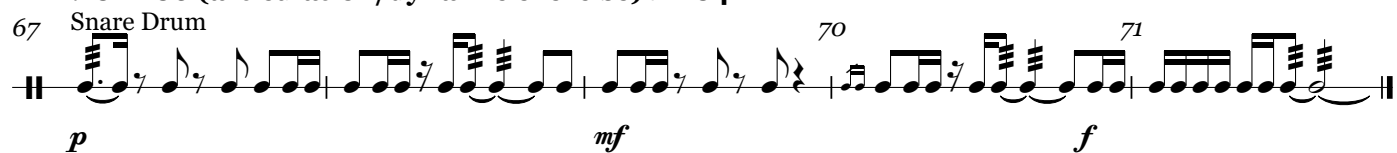
Prep for M.88-91 ♩=104



M.88-91 (ostinato) ♩=104



M.102-106 (articulation/dynamic exercise) ♩=104



Life Unto the Age Exercises

Haley Woodrow

Beginning Melody ♩=80

Bass Drum

8 9 10 11 12 13

mf > *p* < *mf*

14 16 17 18 19 20

p ————— *f*

Composite melody line m.29-31 ♩=100

21 Tom-toms

23

M.65-68 (following the melody) ♩=104

24 Timpani

muffle

27 28

mf *p* *mf*

29 (muffle) 30 sim. 31 32 33 34

35 36 37 38 39 40 41

42 43 44 45 46



M.65-68 (grace notes vs. sixteenths) ♩=104



Prep for M.88-91 ♩=104



63 M.88-91 (ostinato) ♩=104



M.102-106 (articulation/dynamic exercise) ♩=104

